



- What is the Menopause?
- How can it affect me?
- What can I do about it?
- How can Physiotherapy help?
- Facts and Tips to Help you.

The Menopause and Me

A relaxed and informal Information evening on the Menopause at Rectory Meadow Surgery, Amersham, HP7 0HG

Wednesday 15th May 7.30pm

SPEAKERS

Miss Sucheta Iyengar is a well respected and highly experienced Consultant in Obstetrics and Gynaecology at Buckinghamshire NHS Trust and at the Chiltern Hospital. She has trained as a Menopause Specialist at the Chelsea and Westminster Hospital and is founder and lead Gynaecologist at Circle Gynaecology. Her medical expertise is backed by a sensitive, holistic and personalised approach.

Mrs WanYiu Wong trained at Kings College Hospital London as a Chartered Physiotherapist in 1999 and is highly skilled in Musculoskeletal Medicine and Clinical Pilates. She recently completed training in Pelvic Health Physiotherapy for Pelvic Floor Dysfunction and is bringing a much needed Women's Health Physiotherapy Service to Amersham.

Want to know more?

To book a place please email jenny@excelphysio.co.uk
Limited numbers so please book in advance.

<https://circlegynaecology.co.uk>

<http://www.excelphysio.co.uk>